

ADVENTURE ACTIVITIES

WHITEWATER RAFTING:

Section :	Class:	Type:	Min. Age:	Weekday Rate:	Saturday Rate:	
Upper New River Upper New River	I - III	Duckies 14' Rafts	12 8	\$60.00 \$60.00	\$70.00 \$70.00	FREE
Lower New River Lower New Express	$\begin{array}{c} I-V \\ I-V \end{array}$	14' Rafts 14' Rafts	13 13	\$70.00 \$55.00	\$80.00 \$60.00	wetsuits April &
Lower Gauley River Upper Gauley River Gauley Marathon		14' Rafts 14' Rafts 14' Rafts	14 16 16	\$ 79.00/85.00 (Mon./I \$ 99.00/105.00 (Mon \$175.00/180.00 (Mon	/Fri.) \$125.00	October

Prices include equipment, transportation, and lunch during the trip. (No lunch on express trips.) Each guest must submit a Release and Assumption of Risk Form before going on an activity. Spring trips during the months of April and May usually run during high water times. Extremely high water levels may result in changing to a different river section. Wetsuits are recommended for spring and fall rafting trips.

Note: A limited number of wetsuits and splash jackets are available for rent – wetsuit: \$10 / splash jacket: \$5

ADDITIONAL ADVENTURES:

Type:	Minimum Age:	Weekday Rate:	Saturday Rate:
Rappelling	12	\$47.00	Call for availability
High Element Ropes Course	12	\$31.00	Call for availability
Low Element Teambuilding	8	\$16.00	Call for availability
Caving	12	\$51.00	Call for availability
Paintball	12	\$42.00	Call for availability
Hiking	8	\$21.00	Call for availability

Prices include equipment and lunch during the trip. Depending on availability, groups may need to provide transportation for trips. Each guest must submit a Release and Assumption of Risk Form before going on an activity.

Hiking

What to Wear:

Modest, comfortable clothing, layers are always a good idea in the unpredictable WV weather. Shoes with backs are required (no Crocs please!). You may wish to bring sunscreen and bug spray. For creek hikes, bring clothes that can get wet, water shoes, and a towel.

You Should Know:

Participation in guided hiking trips and other adventure activities can be physically challenging may involve inherent risks. Participants must accept responsibility for these inherent risks and agree to sign a liability waiver prior to participation. All persons under the age of 18 must have their Release Form signed by their parent or court-appointed guardian. Alpine Ministries reserves the right to prohibit participation of individuals based on health or physical limitations for their safety or the safety of others. Trips are done rain or shine. Alpine reserves the right to change any activity due to weather conditions or the physical condition of participants.

Special Notes:

- All participants should bring any necessary medications with them (e.g. inhalers, required prescriptions, allergy medications, or epi-pen).
- Participants may also want to have insect repellent on trips.



ALPINE ADVENTURES

A Ministry of Appalachian Bible College

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RELEASE AND ASSUMPTION OF RISK FORM FOR ADVENTURE RECREATION

I, the undersigned, am aware that during the adventure trips described in this form and in which I am participating, under the arrangements of Alpine Adventures and its parent organizations, Alpine Ministries, Alpine Bible Camp and Appalachian Bible College, its agents, employees, and associates, certain risks and dangers may be present or occur, including but not limited to the outlined risks following;

WHITEWATER RAFTING / WHITEWATER DUCKIES / CANOES

I am aware that during the river trip in which I am participating under the arrangements of Alpine Adventures, that certain risks and dangers may be present or occur, including but not limited to, hazards of traveling on a rubber raft or canoe with paddles, oars, and other equipment in rough river conditions, falls onto such equipment or into the river, swimming in the river, falls or slips while walking, hiking, or climbing on terrain that is not improved, participation in water activities and water fights, accidents or illness in remote places without medical facilities, injuries by reptiles, insects or other animals, the forces of nature, and travel by automobile, van, bus, or other conveyance. Participants rafting on the Upper New River must be age 8 or older. Participants rafting on the Lower New River must be age 13 or older. Participants on the Lower Gauley River must be age 14 or older. Participants rafting on the Upper Gauley River must be age 16 or older and must possess excellent swimming ability.

HIGH CHALLENGE ACTIVITIES / LOW ELEMENT TEAMBUILDING

I am aware that during the climbing and rappelling trip, use of the high ropes course, low element teambuilding, climbing walls, swings, or zip wires, in which I am participating under the arrangements of Alpine Adventures, that certain risks and dangers may be present or occur, including but not limited to, hazards of falling from heights, rope entanglement, falling rocks and other debris, burns or injuries related to the handling or use of ropes and other climbing equipment, falls or slips while walking, hiking, or climbing on terrain that is not improved, accidents or illness in remote places without medical facilities, injuries inflicted by reptiles, insects or any other animals, the forces of nature, and travel by automobile, van, bus, or other conveyance. Participants in the high challenge activities must be age 12 or older.

CAVING

I am aware that during the caving trip in which I am participating under the arrangements of Alpine Adventures, that certain risks and dangers may be present or occur, including but not limited to, hazards of underground exploration in a cave, holes, crevices, and passageways, falling rocks and cave-ins, entrapment, falls or slips while walking, hiking, or climbing on terrain that is not improved, accidents or illness in remote places without medical facilities, injuries inflicted by reptiles, insects or other animals, the forces of nature, and travel by automobile, van, bus, or other conveyance. Participants must be age 12 or older.

PAINTBALL

I am aware that during the paintball activity in which I am participating under the arrangements of Alpine Adventures, that certain risks and dangers may be present or occur, including but not limited to, accidents or injuries related to the use and handling of paintball equipment, hazards of being bruised when struck or marked by a paintball, falls or slips while walking, running, crawling or climbing terrain that is not improved, accidents or illness in remote places without medical facilities, injuries inflicted by reptiles, insects or other animals, the forces of nature and travel by automobile, van, bus, or other conveyance. Participants must be age 12 or older and must agree to wear all safety equipment including helmets and face shields at all times.

HIKING / WILDERNESS CAMPING / BACKPACKING

I am aware that during the hiking, wilderness camping or backpacking trip in which I am participating under the arrangements of Alpine Adventures, that certain risks and dangers may be present or occur, including but not limited to hazards of falls or slips while walking, hiking, or climbing on terrain that is not improved, accidents or injuries related to the use and handling of camping and backpacking equipment, accidents or illness in remote places without medical facilities, injuries inflicted by reptiles, insects, or any other animals, the forces of nature, and travel by automobile, van, bus, or other conveyance.

CONTINUED ON OTHER SIDE

In consideration of and as part payment for the right to participate in such adventure recreation, other activities, use of recreational facilities, and the services and food, if any, arranged for me by Alpine Adventures, its agents, employees, and associates, I have and do hereby assume all of the above hazards and other related risks which may be encountered on said adventure recreations including activities preliminary and subsequent thereto, and I do hereby hold Alpine Adventures, its agents, employees, and associates harmless from any and all liability, actions, causes of action, debts, claims and demands of every kind and nature whatsoever which I now have or which may arise from, or in connection with my adventure recreation or participation in any other activities related thereto.

I hereby irrevocably consent to and authorize the use and reproduction by Alpine Adventures, or anyone authorized by Alpine Adventures, of any and all photographs which may be taken during the adventure recreation in which I am participating or other activities related thereto, for advertisement or promotional purposes, without further compensation to me. All negatives and positives, together with the prints shall constitute property of Alpine Adventures or those authorized by Alpine Adventures to take pictures or videotapes, solely and completely.

I further agree to obey and follow all rules, regulations, and instructions of Alpine Adventures, its agents, employees, and associates. The terms hereof shall serve as a release, indemnification, and assumption of risk for my heirs, executors and administrators and for all members of my family, including any minors accompanying me. This is a legally binding document, which I have read and understand. A Parent or Legal Guardian must give permission for all persons under age 18.

	_ DATE: AGE:					
(Signature of Participant)						
PLEASE PRINT THE FOLLOWING INFORMATIO	<u>N:</u>					
Name of Participant						
Home Address						
City						
State Zip Code Home Telephone Number	er Complete Date of Birth					
PARENT OR LEGAL GUARDIAN PERMISSION FOR MINORS						
I hereby certify that I am the parent or the <i>court-app</i> hereby grant such minor permission to participate in the a Adventures, and in such minor's behalf, I hereby agree to all <u>FORM FOR ADVENTURE RECREATION</u> printed above as if	of the terms of the RELEASE AND ASSUMPTION OF RISK					
(Signature of Parent or Court-approved Legal Guardian)	Parent OR Court-approved Legal Guardian					
DATE: Work	- ext. / Additional Phone Number					