



Alpine Bible Camp Parent Pointers Junior Camp

Hey parents, take a peek at all the fun your favorite camper is having at Alpine this summer! During each week of camp, you can view photos at facebook.com/AlpineWV or Instagram.com/alpineministries.

CHECK-IN REMINDERS

Place: Alpine Lodge at Appalachian Bible College

Time: Monday @ 1:00-3:00 PM

Details:

- Please be prepared to make final payments at check-in.
- You will need to drop off ALL medications with our health staff (including OTC meds).
- Any unfinished paperwork will need to be completed at this time.

DEPARTURE INFO

Place: Gilmore Gymnasium at Appalachian Bible College

Time: 5:30 PM on Friday

Details: Please enter through the main gym entrance to sign out your camper(s), wait for your camper to be called, then exit through the side doors.

For camper safety, all campers must be signed out. Upon arriving to pick up your camper, please go directly to the Alpine Gym entryway. Our staff will help you sign out your camper, pick up their medicines and any photos purchased. After you have finished signing out with our staff, you will pick up your camper from the gym and their belongings from their cabin.

WHAT TO BRING - Note: please label your camper's clothing/items (example: initials on tags)

- Sleeping bag or blanket/linens and pillow
- Towel, washcloth, and toiletries
- Clothing that complies w/ clothing policy (see below)
- Jacket and jeans for cooler weather
- Two pairs of shoes WITH backs (see clothing policy)
- Modest bathing suit; girls, please wear swim shorts over suit for the pond (see clothing policy)
- Water shoes or water sandals
- Flashlight
- Pool Towel
- Backpack or gym bag
- Bible, notebook, and pencils

WHAT NOT TO BRING

Electronic devices (cell phones, games, headphones/airpods, etc.), fireworks, tobacco or electronic cigarettes, alcohol, illegal drugs. Cabins are not equipped to store candy or food. Please do not bring snacks.

ADDITIONAL COSTS (ALL OPTIONAL)

- Souvenirs/T-shirts - \$10-\$20
- Cabin photos - \$10
- Snacks - \$15-20 (snacks range from \$1-\$3; campers can visit the Snackshop daily)
- Pizza night - \$1.25 per slice (end of week cabin party)

SNACKSHOP

Alpine Bible Camp has a fun Snackshop and on sight Coffee Shop in which campers are welcome to visit daily. The Camp Snackshop sells a variety of candy and snacks, drinks, camp shirts, and more! Alpine utilizes an online system called FunFangle to provide an easy, cashless system of payment. More information will be shared about how to set up your camper(s) FunFangle accounts *after* you have registered for your camp week.

CLOTHING POLICY

Clothing must be neat and modest. Shorts are to be no shorter than mid thigh. Shirts with sleeves are preferable; no bare midriffs or spaghetti straps. Tank tops are acceptable with the exception that no undergarments are visible. Modest bathing suits—no exposed midriffs for girls, boxer-type trunks for guys—are required. All shoes *must* have backs. Clothing must not display alcohol, tobacco, vulgarity. View adventure activity dress codes [here](#). The camp reserves the right to make the final decision on any clothing considered immodest or unacceptable.

LOST AND FOUND

Please label all clothing, suitcases, sleeping bags, plastic bags, and any other items your camper plans to bring. Any items that are found will be kept for *two weeks*. Requested items will be shipped upon receipt of shipping and handling fees.

CABIN MATE REQUESTS

Campers may request their top three cabin-mates to be placed with while at camp. Cabin mates must request you in return. Cabin space may vary. Must be within 2 grades of each other. Camp Staff do their best to accommodate and honor these requests, but there is no guarantee about placement.

PHONE CALLS/VISITS/EMERGENCIES

To help your camper have the best experience, phone calls and family visits are for emergencies only. In the case of an emergency visit, parents/guardians **MUST** check in with the Alpine Lodge immediately upon arrival at Alpine Bible Camp. Please be prepared to show ID if your visit has not been coordinated with the camp office in advance. Contact the Alpine Office at 304-877-6427 ext. 602 or email alpine@abc.edu. In case of emergencies after hours, find the after hours emergency contact number at alpineministries.com/emergency.

MAIL

Mail is issued to campers each day. Letters and packages may be given to camp staff upon check-in to distribute during the week, or can be sent to campers at the following address:

Your Camper's Name
Alpine Bible Camp
161 College Drive
Mt. Hope, WV 25880

Please Note: within the Mount Hope area, mailing is usually slow. Please send mail several days in advance to ensure your camper receives them during their camp week. Any mail received after your camper has left, will be returned to the sender.

HOMESICKNESS

Homesickness is a normal part of growing up, and all our counselors are trained to help an anxious camper through this process with encouragement, lots of activity, and building new friendships. Parents, please encourage your child by sending friendly letters often and not promising a camper they can come home if they get homesick. Feel free to call and talk with our camp office staff if you feel concerned about your child. We have found that allowing campers to phone home without consulting the parents first can cause setbacks and further aggravate the issue. We will contact you if there is a serious homesickness issue to help determine the best course of action.

MEDICAL INFO

Medications: ALL medications must be turned in at check-in and will be secured in the clinic or with a counselor throughout the week. All campers must be able to self-administer their own medications without requiring the help of an adult (note: there WILL be adult supervision). Please let the camp staff know of any allergies your camper has.

Medical Care/Insurance: All campers must have health insurance or a health care policy to attend camp. If at any time your child requires medical attention offsite or is restricted from normal program participation for more than a few hours, you will be contacted immediately. Your family accident/health/medical insurance or health care policy holder will be billed, and you will be advised of and billed for any other medical expenses such as special medication and/or supplies prescribed by the physician.

REFUND POLICY

Your registration fee is non-refundable. Other fees may be refunded for cancellations/changes to registration that are confirmed *more than* 48-hours prior to camp. Any cancellations/changes within 48 hours of the start of camp are not guaranteed to be refunded. Please call the camp office at 304-877-6427 ext. 602 with any questions.

Pray for your child! We believe in prayer and want to have parents pray that their children will grow spiritually, be safe, and have fun while at camp.

Share your concerns with us. If your child has a special need, let us know prior to their arrival so we can do our best to match your child with the correct counselor, and we will be able to alert our health staff or food service staff of any health needs.

Celebrate a birthday! Let us know if your child has a birthday during their week at camp so we can sing and make your child feel special.