

Alpine Bible Camp

JR. Camp Parent's Pointers

Hey parents, take a peek at all the fun your favorite camper is having at Alpine this summer! During each week of camp you can view photos at [facebook.com/AlpineWV](https://www.facebook.com/AlpineWV)

CHECK-IN REMINDERS

Place: Alpine Lodge at Appalachian Bible College
Time: Mondays @ 1:00-3:00
Bring: Remaining balance due & all forms signed.
Medications (turn in at registration)

COSTS (All items are optional)

Souvenirs / T-shirts \$10.00-20.00
Snack Shop \$15.00 - \$20.00
Pizza night - \$1.25 per slice (end of week cabin party)
(Please have snack shop money in order as we will not be able to give change at registration.)



DEPARTURE TIME

Parents may pick up their children at **5:30 pm on Friday** from the Gilmore gymnasium.
Be sure to visit all Dismissal Checkpoints. **Please sign your children out before leaving!**

WHAT TO BRING (A great SPIRIT ready for a fun experience!)

- Bible, notebook and pencils
- Sleeping bag or blanket/linens and pillow
- Towels, washcloth, & toiletries
- Flashlight
- Clothing that complies w/ clothing policy
- Backpack or Gym Bag
- Jacket & jeans for cooler weather
- 2 pairs of shoes (see clothing policy)
- Water shoes or water sandals
- Modest bathing suit (see clothing policy); girls, please wear swim shorts over suit for the lake.

WHAT NOT TO BRING

Electronic devices (cell phones, games, headphones, etc.), fireworks, tobacco, alcohol, illegal drugs. Cabins are not equipped to store candy or food. Please do not bring snacks.

CLOTHING POLICY

Clothing must be neat and modest. Shorts are to be no shorter than three inches above the knee. Shirts with sleeves are preferable; no bare midriffs, leggings, or spaghetti straps. Modest bathing suits—no exposed midriffs for girls, boxer-type trunks for guys—are required. All shoes must have backs. Clothing must not display alcohol, tobacco, vulgarity, or secular bands. View adventure activity dress codes at www.alpineministries.com. The Camp reserves the right to make the final decision on any clothing considered immodest or unacceptable.

IDENTIFICATION

Please label all clothing, suitcases, sleeping bags, plastic bags, and any other items your camper plans to bring.

LOST & FOUND

Any items that are found will be kept for two weeks. Requested items will be shipped upon receipt of shipping and handling fee.

PHONE CALLS AND VISITS

Campers do not have access to phones, except in emergencies. Parents are asked not to call or visit their children during the week except in emergencies. In emergencies, parents must first check in at the Alpine Lodge. (304-877-6427).

MAIL

Mail is issued to campers each day. Letters and packages may be sent to campers at the following address:

Your Camper's Name: Alpine Bible Camp
161 College Dr.
Mt. Hope, WV 25880

MEDICAL INFORMATION

Medications: All medications must be turned in at registration and will be secured in the clinic or with the counselor(s) throughout the week. All campers must be able to self-administer prescription/OTC medications without requiring the help of an adult (note: there *will* be adult supervision).

Lice-check: We maintain a well-equipped health facility for all basic medical situations. A certified Health Center Staffer is on call 24 hours a day. We will check for head lice before campers are allowed to go to their cabins. We follow the same guidelines as school policy for lice. If your child is found with nits, they will be sent home and may return 24 full hours after treatment.

Medical Care/Insurance: To provide medical care for your child, we need your SIGNED authorization and ALL INSURANCE NUMBERS which should be completed ONLINE or on the registration form prior to your arrival. The State of West Virginia requires we have signed authorization to treat each child at camp. If at any time your child requires medical attention offsite or is restricted from normal program participation for more than a few hours, you will be contacted immediately. Your family accident/health medical insurance will be billed, and you will be advised of and billed for any other medical expenses such as special medication and/or supplies prescribed by the physician.

EMERGENCY INFORMATION

Camp Office – 304-877-6427 ext. 602
Alpine Lodge – 304-877-6427
After Hours Emergency Number – 304-222-0812 (Camp Director)

WHAT ABOUT HOMESICKNESS???

Homesickness is a normal part of growing up, and all our counselors are trained to help an anxious camper through this process with encouragement, lots of activity, and building new friendships. Parents, please encourage your child by sending friendly letters often and not promising a camper they can come home if they get homesick. Feel free to call and talk with our camp office staff if you feel concerned about your child. We have found that allowing campers to phone home without consulting the parents first can cause setbacks and further aggravate the issue. We will contact you if there is a serious homesickness issue to help determine the best course of action.

Refunds: Your \$50 registration fee is non-refundable. Other fees may be refunded for cancellations/changes to registration that are confirmed more than 48-hours prior to camp. Any cancellations/changes within 48 hours of the start of camp are not guaranteed to be refunded. Please call 304-877-6427 ext. 602 with any questions.

PRAY for your child. We believe in prayer and want to have parents pray that their children will grow spiritually, be safe, and have fun while at camp.

Share your concerns with us. If your child has a special need, let us know prior to their arrival so we can do our best to match your child with the correct counselor, and we will be able to alert our health staff or food service staff of any health needs.

Celebrate a birthday! Let us know if your child has a birthday during their week at camp so we can sing and make your child feel special.