

# Alpine Bible Camp

## TEEN PARENT'S POINTERS

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### CHECK-IN REMINDERS

Place: Alpine Lodge at Appalachian Bible College

Time: **Mondays at 1:00-3:00 PM**

Bring: \* Remaining balance due

\* Release/Assumption of Risk Form

\* Medications (turn in at registration)

### COSTS (All items are optional)

Rafting Photos \$16.00

Souvenirs / T-shirts \$10.00 - \$20.00

Snack Shop \$15.00 - \$20.00

Pizza night \$1.25 per slice

(for end of week cabin party)

Money will be given to the counselor upon arrival to cabin

### DEPARTURE TIME

Parents may pick up their children at 9:00 AM on Saturday from the Gilmore gymnasium. Please stop at all Dismissal Checkpoints and sign your child out.

### Adventure Release Form

In order for a camper to participate in any adventure activity, use our climbing walls, etc, he/she **must have** his/her parent/legal guardian's signature on our form. This form must be submitted at or before registration, or camper will not be allowed to join the activity.

### WHAT TO BRING

- Bible, notebook, and pencils
- Sleeping bag or blanket/linens and pillow
- Towels, washcloth, & toiletries
- Flashlight
- Clothing that complies w/ clothing policy
- Jacket & jeans for cooler weather
- 2 pairs of shoes (see clothing policy)
- Water shoes or water sandals
- Modest bathing suit (see clothing policy)

### WHAT NOT TO BRING

Electronic devices (cell phones, games, headphones, etc.), fireworks, tobacco, alcohol, illegal drugs. Cabins are not equipped to store candy or food. Please do not bring snacks.

### CLOTHING POLICY

Clothing must be neat and modest. Shorts are to be no shorter than three inches above the knee. Shirts with sleeves are preferable; no bare midriffs, leggings, or spaghetti straps. Modest bathing suits—no exposed midriffs for girls, boxer-type trunks for guys—are required. All shoes must have backs. Clothing must not display alcohol, tobacco, vulgarity, or secular bands. Campers should carry clean, "non-marking" gym shoes to the gym to play on the gym floor. The Camp reserves the right to make the final decision on any clothing considered immodest or unacceptable. View adventure activity dress codes at [www.alpineministries.com](http://www.alpineministries.com).

### IDENTIFICATION

Please label all clothing, suitcases, sleeping bags, plastic bags, and any other items your camper plans to bring.

### LOST & FOUND

Any items that are found will be kept for two weeks. Requested items will be shipped once shipping costs are paid via check or credit card.

### PHONE CALLS AND VISITS

Campers do not have access to phones, except for emergencies. Parents are asked not to call or visit their children during the week except in emergencies. Even in emergencies, parents must first check-in at the camp office or Alpine Lodge (304-877-6427).

### MAIL

Mail is issued to campers each day during mail call. Letters and packages may be sent to campers at the following address:

*Your Camper's Name*  
**Alpine Bible Camp**  
**161 College Dr.**  
**Mt. Hope, WV 25880-9554**

### MEDICAL INFORMATION

Medications: All medications must be turned in at registration and will be secured in the clinic or with the counselor(s) throughout the week. All campers must be able to self-administer prescription/OTC medications without requiring the help of an adult (note: there *will* be adult supervision).

Lice-check: We maintain a well-equipped health facility for all basic medical situations. A certified Health Center Staffer is on call 24 hours a day. We will check for head lice before campers are allowed to go to their cabins. We follow the same guidelines as school policy for lice. If your child is found with nits, they will be sent home and may return 24 full hours after treatment.

Medical Care/Insurance: To provide medical care for your child, we need your SIGNED authorization and ALL INSURANCE NUMBERS which should be completed ONLINE or on the registration form prior to your arrival. The State of West Virginia requires we have signed authorization to treat each child at Camp. If at any time your child requires medical attention offsite or is restricted from normal program participation for more than a few hours, you will be contacted immediately. Your family accident/health medical insurance will be billed, and you will be advised of and billed for any other medical expenses such as special medication and/or supplies prescribed by the physician.

**Refunds:** Your \$50 registration fee is non-refundable. Other fees may be refunded for cancellations/changes to registration that are confirmed *more than* 48-hours prior to camp. Any cancellations/changes within 48 hours of the start of camp are not guaranteed to be refunded. Please call 304-877-6427 ext. 602 with any questions.