

## Alpine Bible Camp Parent Pointers Junior Adventure Camp

*Hey parents, take a peek at all the fun your favorite camper is having at Alpine this summer! During each week of camp, you can view photos at [facebook.com/AlpineWV](https://www.facebook.com/AlpineWV) or [Instagram.com/alpineministries](https://www.instagram.com/alpineministries).*

### CHECK-IN REMINDERS

Place: Alpine Lodge at Appalachian Bible College

Time: Monday 1:00-2:00 PM

Details:

- Please be prepared to make final payments at check-in.
- You will need to drop off ALL medications with our health staff (including OTC meds).
- Any unfinished paperwork will need to be completed at this time.

### DEPARTURE INFO

Place: Gilmore Gymnasium

Time: 1:00 PM

Details:

*For camper safety, all campers must be signed out. Upon arriving to pick up your camper, please go directly to the Alpine Gym entryway. Our staff will help you sign out your camper, pick up their medicines and any photos/CDs/DVDs purchased. After you having finished signing out with our staff, you will pick up your camper and their belongings.*

### WHAT TO BRING

- Sleeping bag or blanket/linens and pillow
- Towel, washcloth, and toiletries
- Clothing that complies w/ clothing policy (see below)
- Jacket and jeans for cooler weather
- Two pairs of shoes (see clothing policy)
- Modest bathing suit; girls, please wear swim shorts over suit for the pond (see clothing policy)
- Water shoes or water sandals
- Flashlight
- Pool Towel
- Backpack or gym bag
- Bible, notebook, and pencils

### WHAT NOT TO BRING

Electronic devices (cell phones, games, headphones, etc.), fireworks, tobacco, alcohol, illegal drugs. Cabins are not equipped to store candy or food. Please do not bring snacks.

### ADDITIONAL COSTS (ALL OPTIONAL)

- Rafting photos - \$16
- Souvenirs/T-shirts - \$10-\$20
- Snacks - \$15-20

## CLOTHING POLICY

Clothing must be neat and modest. Shorts are to be no shorter than three inches above the knee. Shirts with sleeves are preferable; no bare midriffs, leggings, or spaghetti straps. Modest bathing suits—no exposed midriffs for girls, boxer-type trunks for guys—are required. All shoes must have backs. Clothing must not display alcohol, tobacco, vulgarity, or secular bands. View adventure activity dress codes at [alpineministries.com](http://alpineministries.com). The camp reserves the right to make the final decision on any clothing considered immodest or unacceptable.

## LOST AND FOUND

Please label all clothing, suitcases, sleeping bags, plastic bags, and any other items your camper plans to bring. Any items that are found will be kept for two weeks. Requested items will be shipped upon receipt of shipping and handling fees.

## PHONE CALLS/VISITS/EMERGENCIES

To help your camper have the best experience, phone calls and family visits are for emergencies only. In the case of an emergency visit, parents/guardians **MUST** check in with the Alpine Lodge immediately upon arrival at Alpine Bible Camp. Please be prepared to show ID if your visit has not been coordinated with the camp office in advance. Our after-hours phone number (only functional while campers are on the grounds) can be found at [alpineministries.com/emergency](http://alpineministries.com/emergency).

## MAIL

Mail is issued to campers each day. Letters and packages may be sent to campers at the following address:

*Your Camper's Name*  
Alpine Bible Camp  
161 College Drive  
Mt. Hope, WV 25880

## HOMESICKNESS

Homesickness is a normal part of growing up, and all our counselors are trained to help an anxious camper through this process with encouragement, lots of activity, and building new friendships. Parents, please encourage your child by sending friendly letters often and not promising a camper they can come home if they get homesick. Feel free to call and talk with our camp office staff if you feel concerned about your child. We have found that allowing campers to phone home without consulting the parents first can cause setbacks and further aggravate the issue. We will contact you if there is a serious homesickness issue to help determine the best course of action.

## MEDICAL INFO

**Medications:** ALL medications must be turned in at check-in and will be secured in the clinic or with a counselor throughout the week. All campers must be able to self-administer their own medications without requiring the help of an adult (note: there **WILL** be adult supervision).

**Medical Care/Insurance:** All campers must have health insurance to attend camp. If at any time your child requires medical attention offsite or is restricted from normal program participation for more than a few hours, you will be contacted immediately. Your family accident/health medical insurance will be billed,

and you will be advised of and billed for any other medical expenses such as special medication and/or supplies prescribed by the physician.

#### REFUND POLICY

Your registration fee is non-refundable. Other fees may be refunded for cancellations/changes to registration that are confirmed *more than* 48-hours prior to camp. Any cancellations/changes within 48 hours of the start of camp are not guaranteed to be refunded. Please call 304-877-6427 ext. 602 with any questions.

**Pray** for your child! We believe in prayer and want to have parents pray that their children will grow spiritually, be safe, and have fun while at camp.

**Share** your concerns with us. If your child has a special need, let us know prior to their arrival so we can do our best to match your child with the correct counselor, and we will be able to alert our health staff or food service staff of any health needs.

**Celebrate** a birthday! Let us know if your child has a birthday during their week at camp so we can sing and make your child feel special.

